



NORTHANTS BASEBALL **CLUB**

**Starting baseball activities in groups of
up to 6 players.**

The Government's guidance on Covid-19 has changed with effect from 1 June 2020. This enables our teams to start some activities in groups of up to, but not more than, 6 people and strictly observing the government rules and the guidelines listed below.

When is the next session?

Team managers will communicate directly with their players about scheduling and organising such group sessions.

New Players

We have a large number of new players who have expressed interest in trying baseball with a view to joining our club. If you are not a current member and would like to try baseball by taking part in these group sessions, please reply to this email and we will assign you to a session at your nearest ballpark.

Observing the rules strictly

It is very important that the rules are followed strictly in order to protect club members, their families and the wider community.

- 1. Players who have Covid-19 symptoms or who are required to self-isolate or quarantine themselves in accordance with government guidelines should not attend these sessions.**
- 2. Players who live in a household with someone who needs to be shielded because they are at a higher risk, should not attend these sessions.**
- 3. Activities must be in groups of not more than 6 players.**
- 4. Parents can take their children to a one-on-one coaching or training session, as long as the gathering does not exceed**
- 5. Children under the age of 18 should be supervised by a guardian who is also observing social distancing.**
- 6. Player's from one group cannot mix or join another group that same day.**
- 8. During the session, players should follow social-distancing rules strictly keeping at least 2 metres apart. This must be observed strictly. If it is not, the session will be terminated.**

9. If there are other members of the public using the venue and it becomes overcrowded and social-distancing cannot be observed safely, the session will be terminated.

10. When doing exercises in pairs, players can pair up with a partner and they should try to stay with that partner for the duration of the session, as much as possible. That pair should also try, as much as possible, to use the same ball for their throwing and other exercises.

11. After a set of balls, or other equipment such as bats, is used by one group it will be separated and not used by anyone for at least 72 hours as medical advice indicates that the virus cannot survive more than 72 hours on surfaces.

12. It is important to maintain good hand hygiene. Players should wash their hands before and after the session with soap and warm water for at least 20 seconds. They should avoid touching their face during the session until they have washed their hands thoroughly.

13. If players have access to a clean face mask, they are advised to wear it if they would like to.

14. Councils have not authorised the opening of toilet facilities, therefore toilets will not be available at our ballparks during these sessions and this should be taken into account by players when they make their plans for the day.

15. BSUK has published more information about the effect of this updated government guidance on playing baseball ([click to view](#))